

Offer

Inhouse Training

Customised Training for Your Company

Customised on-site or online training for managers and teams

As an experienced trainer, qualified psychologist, Master Certified Coach (ICF), Team Coach and European Certified Psychotherapist, I offer in-house training courses that are individually tailored to the needs of your company and your employees.

Using practical methods and in-depth psychological expertise, I support and promote the development of your managers and teams - whether in face-to-face training sessions or online formats.

Practice-oriented and sustainable training

Take advantage of my training courses, which are specifically tailored to the challenges and goals of your organisation.

Together we will develop a concept that is precisely tailored to your culture and values. Whether communication, leadership skills, conflict management, team dynamics or resilience: I customise the content and methods to achieve measurable results and sustainable effects.



Why with me?

- Scientific training as a psychologist
- 30 years of experience as a trainer
- Master Certified Coach of the International Coaching Federation (ICF)
- Training in personal development (European Certified Psychotherapist of the European Association for Psychotherapy (EAP))
- Lecturer for coaching in the Master's programme of the Vinzenz Pallotti University



Step by step to the optimum solution

Every company is unique - and so are its challenges and development goals.

With my customised in-house training, I offer you an offer that is precisely tailored to your needs in order to deepen and further develop the desired skills and competencies.



1. Analysis and Objectives

Together with you, we determine the exact objectives and content of the training programme. We will discuss the individual needs of your team on the phone or in a personal meeting and define the focal points in order to maximise the benefits for your company.



2. Offer and Concept

Based on the analysis, you will receive a detailed offer that includes all financial and content-related framework conditions. You will receive a comprehensive plan and a brief profile of the trainer who best fulfils your specific requirements.



3. Detailed briefing

In a targeted briefing, you can coordinate all content, focal points and scheduling requirements in detail with me as your trainer. Individual adjustments can be made to create the best learning environment for your employees.

4. Delivery - flexible and on site or online

The training can be conducted on your company's premises, at an external location or online - always according to your schedule and customised to your needs.



5. Evaluation and Follow-up

After the training, we prepare a comprehensive evaluation to make the achievement of objectives measurable and to make adjustments if necessary. An optional follow-up day allows participants to ask questions in greater depth and consolidate what they have learnt.

Your benefits of in-house coaching: Customised, flexible and practice-oriented training

- **Flexibility:** You choose the right date, location and format - whether on-site or virtual - to suit your needs.
- **Customised content:** The training content is tailored specifically to the requirements and objectives of your company and is based on the knowledge of your employees.
- **Standardised level of knowledge:** In-house training ensures that your team has a consistent level of knowledge, which promotes collaboration and efficiency.
- **Practical solutions:** All content and methods are practice-orientated and tailored to everyday working life, enabling participants to develop concrete solutions that can be implemented directly.
- **Team-strengthening and connecting:** In-house coaching promotes collective dialogue and strengthens cohesion and common understanding within the team.
- **Cost-efficient:** Save on travel and accommodation costs and benefit from the economic advantages that in-house coaching offers compared to external training courses, even with just four participants.
- **Professional and didactic excellence:** Our renowned coaches are experienced experts from practice and science who will work with your team to develop well-founded and realisable solutions.

Benefit from the advantages of in-house coaching that strengthens your teams, builds skills and makes a lasting contribution to the development of your employees.

Arrange a personal meeting to discuss your concerns and questions.

I look forward to hearing from you.

Yours, Peter Ammann

[Arrange an appointment](#)



Topics of your in-house training:

- **Conflict management**
- **Leadership, rank & power**
- **Leading without being a superior**
- **Communication training**
- **Conducting constructive criticism and difficult conversations**
- **Body language seminar**
- **Giving and receiving feedback professionally**

Trainings in German and English.